

21 DAY

DOODLE JOURNAL

by _____

Day 1

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Describe your doodle in 5 words

Day 2

5

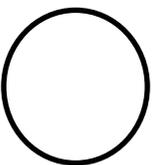
What do you like most about today's creation?

Day 3

What were you thinking about as you
created today?

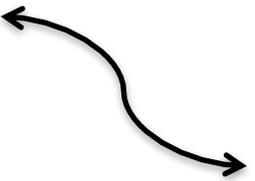
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Day 4



What mood best describes today's
doodle?

Day 5



How does today's doodle compare to
the one you drew yesterday?

Day 6



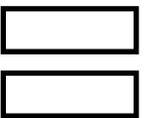
What pencil, pen or marker did you
use today?

Day 7



What shapes did you use today?

Day 8



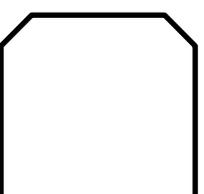
If you were to describe your doodle to someone who couldn't see it, what would you say?

Day 9

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What title would you give today's doodle? Why?

Day 10



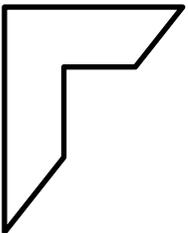
Turn your work upside down. What do you notice?

Day 11



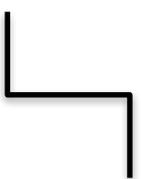
Close your eyes and think about your creation. What did you see in your mind?

Day 12



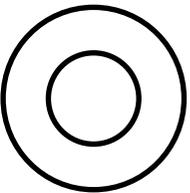
**Let someone else add to your work.
Describe their additions.**

Day 13



Turn on some music as you doodle.
Describe your work in 3 (or more)
sentences.

Day 14



If you were to give this work away,
who would you give it to? Why?

Day 15



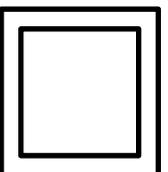
If you were to try this again, what would you change about today's doodle?

Day 16



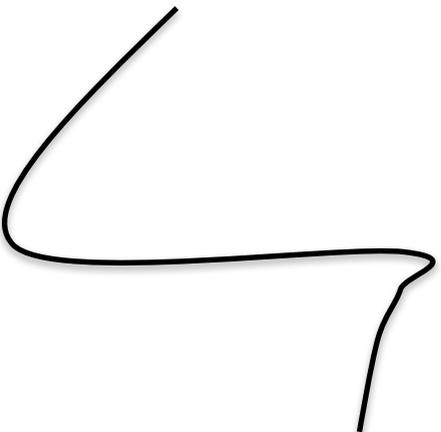
Ask someone else to look at your work and describe what he or she sees. Write about their response.

Day 17



Write a short story about today's doodle.

Day 18



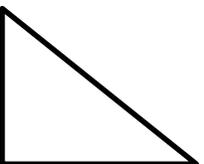
How do you feel about doodling
daily?

Day 19

Look through your collection of doodles. What do you notice?



Day 20



Which doodle in your journal do you like most? Why?

Day 21



**Do you think you will continue your
doodle journal?**