

Have a bath - bubbles optional! • Go for a walk • Make a fresh batch of playdough • Put on your favourite music and dance • Draw on my back and I'll guess what you're drawing • Draw with chalk on the pavement • Perform a puppet show • Cut out magazine pictures to make a funny collage • Make a cubby house from blankets • Play a board game • Create an obstacle course • Listen to an audio story • Get threading or try simple sewing • Make a paper chain as long as your house • Play hopscotch or skittles • Make mud pies • Create a magical land • Make a box car or boat, train or plane • Pull weeds or rake leaves • Wash your bike or dolls or the car • Go on a treasure hunt • Bake a cake • Dress up • Read a book • Go for a swim • Play a guessing game • Visit a new park • Make up a game with a blown up balloon • Have a running race or a wheelbarrow race or 3-legged race • Ride your bike or scooter • Make a milkshake or banana split! • Visit the library • Climb a tree • Play a card game or build a house of cards • Play hide and seek • Draw around your body and decorate it • Build a sandcastle • Blow bubbles • Have a picnic in the backyard • Create a crown or superhero mask • Kick a ball • Play shops or restaurants • Take an indoor toy outdoors • Take photos or a video • Do a jigsaw puzzle • childhood101.com